

General Rescue Procedures

1. *Activate Emergency Action Plan*
2. *Enter the water*
3. *Approach the victim*
4. *Perform an appropriate rescue*
5. *Move the victim to safety*
6. *Remove the victim from the water*
7. *Provide emergency care as needed*

Emergency Action Plan

1. Lifeguard recognizes emergency and activates emergency action plan (three short blasts)
2. Other lifeguard provides backup and coverage
3. Lifeguard contacts victim and moves to safety
4. Lifeguard assesses victim's condition

Victim is OK

1. Complete report
2. Equipment checked and replaced
3. Any corrective action taken
4. Return to duty
5. Staff discussion

Victim needs care

1. Other lifeguard assists
2. First Aid Provided
3. EMS notified
4. Pool cleared by backup guard, if necessary (one long blast)
5. Supervisor notified
6. Witnesses interviewed
7. Report completed
8. Equipment checked and replaced
9. Any corrective action taken
10. Return to duty
11. Staff discussion